

Heart of the Redwoods Hospice
fosters
"The Beloved Community"
in collaboration with
The Tan Seva project and Omicron Omega Sigma Theta Tau,
"The Integral Caregiver in the End of Life Relationship
Part II: The Sacred Encounter within the Circle of Care"
A Beloved Community exploration
facilitated by
Dr. Charles Garfield, PhD.

FREE COMMUNITY ADDRESS

Thursday July 17th 7:30pm

At

Presbyterian Church 437 Maple Lane Garberville

A Day in Retreat with Dr. Charles Garfield

Friday July 18th, 1000am to 4:30pm

Beginnings at 5 Cemetery Rd. Briceland

Tuition: SLIDING SCALE \$20.00 TO \$60.00

NO ONE TURNED AWAY FOR LACK OF FUNDS

7 CONTACT HOURS FOR RN CONTINUING EDUCATION

NO REFUNDS AFTER JULY 10, 2008. PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING,
PROVIDER # CEP4581 FOR 7 CONTACT HOURS

Participants will identify, discuss and describe how to understand and apply the key concepts of integral care giving with clients at the end of life. Participants will learn the bio-psychosocial and spiritual aspects of end of life care and the value of experiencing the caregiver-patient relationship as a sacred encounter, and the benefits of extending that encounter into the circle of care. They will also learn how such encounters can be self-renewing rather than self-depleting and therefore constitute an antidote to burnout and compassion fatigue so often experienced in the care giver relationship. Participants will also be invited to explore the caregiver journey of grief, loss and transcendence within the circle of care.

Dr. Charles Garfield serves as Clinical Professor of Psychology at the Dept. of Psychiatry UCSF Medical School; founder of Shanti and Shanti International Training Institute; founding core faculty member of The Metta Institute End of Life Practitioner Program; and was a Mathematician for the Apollo Eleven Space Mission. He is also the acclaimed author of: "Sometimes My Heart Goes Numb: Love and Caring in a Time of AIDS," "Stress and Survival: The Emotional Realities of Life Threatening Illness" and "Psychosocial Care of the Dying Patient."

CHECKS PAYABLE TO: TAN SEVA PROJECT *MAIL TO:* P.O. BOX 753 BAYSIDE,CA 99524
NAME: _____ ADDRESS: _____

EMAIL: _____ PHONE NUMBER: _____

CEUs: _____yes _____no YOU MUST ATTEND BOTH DAYS TO RECEIVE CEUs