

***Virginia Subia, RN, BSN, PHN***  
**Curriculum Vitae**

*“When You are the master of your body, word and mind, you shall rejoice in perfect serenity”*  
--Shakbar



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## ***Personal Statement/Goals***

*“Life is movement. The more life there is, the more flexibility there is.  
The more fluid you are, the more you are alive”  
--Arnaud Desjardins*

- To explore, as an agent of peace, and with passion and grace, the farther reaches of my nature in relationship to the world around me.
- To live into and demonstrate to my professional community that there is no conflict between professional excellence and good work. This endeavor requires the integration of my clinical mastery and my embrace of the mystery of the human potential for transformation in the healing relationship.
- To meet the above goals with the commitment to creativity, skill, passion, and intention of an artist.



## ***Professional Profile***

*“When you speak of adopting a wider perspective, this includes  
working cooperatively with other people”  
--H.H. The Fourteenth Dalai Lama*

- Founder, Director, and Board President of the Tan Seva Project, a community organization that promotes the integration of wisdom, compassion and integrity, and best clinical practice for end-of-life care.
- Community Educator and Workshop Co-Facilitator, the Tan Seva Project.
- End-of-Life Practitioner, certified by The Metta Institute.
- End-of-Life Nursing Education Consortium (ELNEC) Trainer, certified by ELNEC.
- Consultant for End of Life Education, Case Manager, RN, BSN, PHN, Mad River Community Hospital Home Health Unit.
- Clinical Instructor, Community Health Lab, Humboldt State University.

## ***Mind: Education***

*“Ignorance refers to the misperception of the true nature of the self and all phenomena”  
--H.H. the Fourteenth Dalai Lama*

- May 1996, Graduate, Baccalaureate of Science and Nursing, Humboldt State University, Arcata, California.
- August 1989 to November 1992, attended College of the Redwoods, Eureka, California.
- August 1980 to February 1983, attended Fresno State University, Fresno, California.
- June 1980, Graduate, Fowler High School, Fowler California.



## ***Body: Professional Experience***

*“We must be still and still moving, into another intensity, for further union and deeper communion.”  
--T.S. Eliot*

- October 1996 to 2002: RN, BSN, in the following clinical areas at Mad River Community Hospital: Emergency Room; PACU; Labor & Delivery/Postpartum Care.
- 2002-present, Consultant/End-of-Life Practitioner, Visiting Nurse, and Case Manager for the Mad River Community Hospital Home Health Unit.
- 1997-1999, Perinatal Educator at Mad River Community Hospital Birth Center, emphasizing Postpartum Care and the New Parent.
- 1999-2002, Forensic Nurse and Relief Coordinator for the Sexual Assault Response Team, Saint Joseph’s Hospital.
- August 1988 to August 1993, St. Joseph’s Hospital, Emergency Room Technician; Ward Clerk; Nursing Assistant.
- 1987 to 1988, Director of private, Montessori-based home child care program.
- 1986 to 1987, Assistant Director, Simi Valley After-School Program.
- 1985 to 1986, Purchasing Clerk, Allegretti & Company.
- 1983 to 1984, Project 201 Salmon Restoration Project, California Fish & Game.

## ***Soul: Professional and Personal Development***

*“The more I go into I, the more I fall out of I”*

*--Ken Wilbur*

- Board of Directors member and Delegate, Omicron Omega Sigma Theta Tau
- Graduate Community member of the Metta Institute.
- Participant in Harvard Negotiation Insight Initiative Summer Learning Forum, 2007.
- Participant in Harvard GoodWork® Project, a Sigma Theta Tau Community.
- Intensive Study of Pain Management through various course offerings by Chris Pasero, RN MSN.
- Member of the Society for the Advancement of Modeling and Role Modeling, created from the Modeling and Role-Modeling Nursing Theory.
- Participant in the completion of all five levels of Shambhala Warrior Training for Spring 2007, and current enrollee in Sacred Path Training for Fall 2007 at the Berkeley Shambhala Meditation Center.



## ***Research Activities***

*“Wisdom and compassion should become dominating influences  
that guide our thoughts, our words and our actions”*

*--Mattheiu Ricard*

- Present: Researcher/member of an international team of nurses implementing the Pilot Project of the Harvard GoodWork® Tool Kit, created by the Harvard Good Works Project (a Sigma Theta Tau Community).
- Spring 1996: Field Researcher for Senior Research Project on with Dr. Wendy Woodward, Humboldt State University

## *Web Links*

- The Metta Institute:  
<http://www.mettainstitute.org>
- The End of Life Nursing Education Consortium:  
<http://www.aacn.nche.edu/ELNEC/about.htm>
- Harvard GoodWork® Project:  
<http://www.pz.harvard.edu/Research/GoodWork.htm>
- Harvard Negotiation Insight Initiative:  
<http://www.pon.harvard.edu/research/projects/hnii/index.php>
- Sigma Theta Tau International:  
<http://www.pz.harvard.edu/Research/GoodWork.htm>
- Modeling and Role Modeling:  
<http://www.mrmnursingtheory.org/>
- Berkeley Shambhala Center  
<http://www.berkeley.shambhala.org/>